Stockton University Counseling Handbook

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A. GENERAL INFORMATION

PROGRAM CONTACT INFORMATION

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Director of Graduate Enrollment Management:

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FACULTY PRECEPTORS

In order forstudents in entryevel programs to have an assigned advisor at all times during the program who helps them develop a planned program of study, each student will be assigned a faculty preceptor (or advisor) during which the student is enrolled in the **elongn** program. , W L V W K H V W X G H Q W ¶ V U H V S R Q V L E L O L W \ W R N Q R Z Z K R L V \ information may be found on the Stockton Portal Student Services tab. If a student wishes to change preceptors at any time, fill out a change of epiter form and submit the form to Academic Advising for approval.

Your faculty preceptor is your primary source of contact and communication with the program. Therefore, the program encourages the formation of effective, professional relationships betwee students and their faculty preceptors. Please note that a large portion of the responsibility for the formation of such a relationship with your preceptor falls upon you. The program encourages you to show initiative in getting to know yopreceptor.

ADJUNCT FACULTY

Adjunct faculty members assist the program through the provision of instructional services, supervision of students in Practicum and Internship, or other activities necessary for the effective conduct of the program. Persons who hold **shas** in the program must be approved by the Director and faculty, as well as the Dean of Social and Behavioral Sciences)(**SOLB** re appointed on an annual or academic term basis.

STATEMENT ON PROFESSIONALISM

The Counseling progr6(how)-6(i)7(025 418.63Od.)] TJ ET BT Car1(m)7(a)7(nd s)-6(ubmha)-13004C

B. COUNSELING PROGRAM

PROGRAM MISSION STATEMENT

The Masterof Arts in Counselingprogramis designedo educatestudentsaboutbestpracticesin mental health and human services and train students in the skills necessary to work with clients in a variety of settings, such hospitals, social service agencies, residential treatment centers, community mental health centers, and other organizations. The goal of this program is to prepare graduate students for success in the field upon graduation and to successfully achieve thei professionagoals.

PROGRAM DESCRIPTION

According to the Classification of Instructional Programs (CIP) code for Mental Health Counseling, it is a program that prepares individuals to provide evaluations, referrals, and counseling services to help peeprevent or remediate personal problems, conflicts, and emotionalcrises.Theprogramwill provide instruction human development psychopathology,

- To provide meaningfueducational experiences to prepare graduates oviited ational skills, critical thinking ability, and dedication to the counseliping fession, To prepare graduates for employment-13(e)7(s)-6(t)7(o pr)-20(e)7(pa)7(re)6(gra)6(dua)-13(t)7(e)7(s)a.
- b.

Passing the NCE exam qualifies graduates as a Nationally Certified Counselor (NCC). See the section on Accreditation EHORZ WR YHULI\ WKH SURSRVHG SURJUDP¶V HOLJLELO

State licensureGraduates who have passed the NCE will besqualified to apply for licensure in the State of New Jersey as a Licensed Professional Counselor (LPC) after an additional 4,500 hours of supervised experience. This license allows them to work as counselors ipmobit organizations, for profit orgazitions, or in private practice in New Jersey. Graduates will also be eligible to apply for a specialty designation in any the following: clinical mental health, addictions, career, school counselor, or gerontology.

ACCREDITATION

The program isdesigned in accordance with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) 2016 Standards. The program will begin the accreditation application procine the fall of 2020. Students who graduate from a program the tate of accreditation will have eighteen months AFTER graduation to be considered graduating from a CACREP program. The program will assessed using the following methods:

- i. Graduates will demonstrate competence in the core areas relateoptogthem objectives as described in Appendix B. Students will take the NCE exam during the spring of their final year, so WKH SURJUDP ZLOO KDYH DFFHVV WR eSeaDhWD UHJDUGLQJ VV
- ii. The program faculty will evaluate the program objectiveing (1) aggregate student assessment data that address student knowledge, skills, and professional dispositions; (2) demognalphiliter characteristics of applicants students and graduates and (3) data from systematic follows studies of graduates, site supervisors, and employers of program graduates, including the percentage of graduates who take the NCE artbepercentage who pass.
- iii. The program faculty will provide evidence of the use of program evaluation data to inform programmodifications via its Annual Report a Figle-Year Program

datafor this

for signs of impairment from their own physical, mental, or emotional problems and refrain from offering or providing professional services when such impairment is likely to harm a client or others. They notify their faculty and/or supervisors and seek assistance for problem **sate** the level of professional impairment, and, if necessary, they limit, suspend, or terminate their professional responsibilities until it is determined to WKH\ PD\ VDIHO\ UHVXPH WKHLU ZRUN ´

The Counseling program fully endorses <u>the A Code of Ethic</u>s and the elements of a competent and ethical counselor. Counseling not only demands the highest levels of performance, it also subjects counselors to VWUHVVDQGFKDOOHQJHVWKDWPD\WKUHDWHQcour@ged_to/LGX seek professional assistance if they feel that their work is being affected. Additionally, the faculty recommend that students notify their course instructors and faculty advisor if they feel their work is being affected. The University doesquide counseling services free of charge through the Wellness Center on the Galloway Campus.

The faculty will notify students if their performance requires additional assignment and selfeflection. Failure to address the concerns and improve **presif**ormance may result in disciplinary action including a review by a Student Retention Committee. The faculty reserves the right to exact grading penalties for any unprofessional or unethical behaviors and discuss ramifications with the faculty.

ATTENDA NCE AND PARTICIPATION

CURRICULUM

See the bulletin for specific course requirements. The following table provides a guideline for program completioindicating required courses:

| YEAR 1 COURSES (30CREDITS) | | | |
|-----------------------------------|--------|-----------------------------------|--------|
| FALL | CREDIT | SPRING | CREDIT |
| COUN 5110- PrePracticum | 3 | COUN 5135- Assessment and Testing | 3 |
| COUN 5115- Theories of Counseling | 3 | ' | |

PRACTICUM AND INTERNSHIP

The field placement experience at Stockton University is divided ithtee credit practicum (COUN 5900) and up to six credits in clinical internships (COUN 5901, COUN 5902). The practicum (COUN 5900) is the student's first first first for student experience. As such, it is likely to be the first time the counseling student meets with a real client and the first time the dent applies the body of knowledge of the counseling profession to helping another person. During the practicum, the student counselois steered through initial experiences of counseling with intense supervision provided by both an offcampus site supervisor, and ancempus faculty member in group settings in a weekly class. The goal is to reach a higher level of autonomy, confidence counseling knowledge, and skills.

The clinical internship (COUN 5901, COUN 5902) assumes that the goals of the practicum have been successfully accomplished. During the clinical internship, the student is again provided individual supervision by a qualified site supervisor and weekly group supervision by a Stockton faculty member. The goal of the clinical internship is for the student to become a confident, independent, and knowledgeable counselor, who is able to support clients and integrate her/his own skills with input from other appropriate sources. In both the practicum and the internship, students are evaluated both by their site supervisors and the supervising Stockton faculty members. The feedback from these evaluations provides useful input to guitther professional growth. Students in the program are required to complete two semesters of clinical internship.

For complete information regarding both the practicum and internship experience, including the student checklist for both, please refeithe<u>Clinical Handbook</u>

KEY PERFORMANCE INDICATORS (KPIs)

Faculty assess students' knowledge and skills regularly through a review of student performance on assignments designated assignments referred to Key Performance Indicators (1408) is are expected to demonstrate a mastery level of 83% or higher on the following KPIs:

| Num bers | Course | KPI Assignment | When? | Target for Students |
|-------------|---|---|-----------------------|------------------------|
| 1 | COUN 5125 Ethical and Legal Issues in Counseling | Professional Counselor Identity Reflection Paper | Year 1, Semester 1 | 83% or better |
| 2 | COUN 5205 Foundations of Mental Heal Counseling | Advocacy Proposal | Year 1, Semester 1 | 83% or better |
| 3 | COUN 5125 Ethical and Legal Issues in Counseling | Reflection Paper on counselor advocacy | Year 1, Semester 1 | 83% or better |
| 4 | COUN 5210: Multicultural Counseling | Cultural Immersion Assignment | Year 1, Semester 2 | 83% or better |
| 5 | | | | |

| 8 | COUN 5225 Career Counseling | Comprehensive Exam | Year 2, Semeste 2 | 83% or better |
|----|------------------------------------|---|--------------------------|---------------|
| 9 | COUN 5900: Practicum | Case Staffing & Transcription | Year 1, Semester 2 | 83% or better |
| 10 | COUN 5901/2: Internship I/II | Clinical Case Presentations | Year 2, Semesters 1/2 | 83% or better |
| 11 | COUN 5215: Group Counseling | Support GroupObservation Paper | Year 1, Semester 2 | 83% or better |
| 12 | COUN 5215: Group Counseling | Comprehensive Exam | Year 2, Semeste 2 | 83% or better |
| 13 | COUN 5120: Psychopathology | Diagnostic Report | Year 1, Semester 1 | 83% or better |
| 14 | COUN 5135: Assessment and desting | Test Administration Interpretation Reports | Year 1, Semester 2 | 83% or better |
| 15 | COUN 5135: Assessment and Testing | Instrument Critique | Year 1, Semester 2 | 83% or better |
| 16 | COUN 5140: Statistics and Research | Article Critique | Year 1, Semester 2 | 83% or better |
| 17 | Coun 5900: Practicum | Counseling Skills Evaluation | Year 1, Semester 2 | 83% or better |
| 18 | COUN 5901/2: Internship I/II | Internship Counselor Evaluation | Year 2, Semesters 1/2 | 83% or better |

KEY PROFESSIONAL DISPOSITIONS

Applicants and students in the Counseling program should develop and demonstrate key professional dispositions the three categories: professional readiness, personal readiness, and interpersonal readiness. Students will be made aware of the dispositions the dispositions measure at orientation and at their first preceptor measure it dentify unethical or unprofessional behaviors (e.g., violates ACA ethical standards; does not abide by XQLYHUVLW\ UHTXLUH Rohing, Wirdvide Constructive feedback/to the them and the professional behaviors are difficulties.

DEGREE REQUIREMENTS

The program requires 60 credits for completion. Students will typically take a total of 20 three credit courses to achieved goal. Forty eight of the 60 credits will be taken in a required core that introduces the student to mental health counseling. The remaining credits will be earned in elective courses selected from a variety of offerings. The program requires stodekes and pass a comprehensive exam prior to graduation.

GRADING SYSTEM

Grades awarded in graduate courses at Stockton are assigned by the following to the must successful pass course work with a B or better in order to complete the graduatio requirement of a 3.0 Quality point equivalencies are:

| А | = | 4.0 | С | = | 2.0 |
|----|---|-----|----|---|-----|
| A- | = | 3.7 | C- | = | 1.7 |
| B+ | = | 3.3 | D+ | = | 1.3 |

C. REGULATIONS AND

STUDENT EVALUATION

Evaluations of student knowledge, skills and professional dispositions are ongoing throughout a VWXGHQW¶VWLPHLQWKHSURJUDP 7KLVWDNHVSODFHLQ during faculty meetings. Core faculty regularly consult withes users and adjunct faculty about

student and copy the student on the letter.

3. If after the meetingZLWK WKH VWXGHQW WKH VWXGHQW¶V EHKDYL violation that could result in suspension or dismissal from the program, the Director will appoint a retention committee and collect all relevant materials prior to determining aodate f Retention Committee meeting. The Retention Committee will be composed of three faculty members to investigate all aspects of the situation and to make recommendations concerning the VWXGHQW¶V HOLJLELOLW\ WR UHPromatin in the proceedings.

4. The Retention Committee will only be convened within either a fall or spring academic term. The Retention Committee will complete its investiggeand provide its report to the SURJUDP IDFXOW \ ZLWKLQ GD \ V RI WKH FRPPLWWHH¶V DS cannot convene because of an academic break (e.g. summer or winter break), the committee will convene within 14 days of the stafttbe next academic term.

5. In the interest of protecting the health, safety and/or welfare of the University, or any member

of the University community, or any effite activities associated with their academic program, the program may temporarily suspendtudent from the program until the proceedings of the Retention Committee have been completed.

6. 7 KH 5 HWHQWLRQ & RPPLWWHH¶V UHSRUW LQFOXGLQJ UHF is presented to the program faculty, who are then responsibilitepformenting the recommendations.

7. : KHQ WKH IDFXOW\ PHPEHUV KDYH DFWHG XSRQ WKH UHW DQG WKH VWXGHQW¶V SUHFHSWRU PHHW ZLWK WKH VWXGHQ recommendations. The Director and that so HQW SUHFHSWRU VXEVHTXHQWO\ P SURJUHVV LQ FDUU\LQJ RXW WKH SURJUDP¶V UHFRPPHQGDV Retention Committee recommends that the student no longer continue in the program, the program will dismiss the stuendt.

If the student is not satisfied with the student retention policy, he or she may pursue an appeal by following the student affairs policies: https://stockton.edu/policprocedure/documents/procedures/2019.pdf

GATEKEEPING

Gatekeeping is the legal **tho**rity and responsibility of counselor educators to determine whether a student or potential student has the capability and willingness to uphold the counseling SURIHVVLRQ¶VVWDQGDUGV RI FDUH DQG HWKLFD to SURWRF counseling training programs to screen and monitor competencies of student counselors. The purposes of gatekeeping in the counselor education profession revolve around ensuring that a counselorin-training is suitably competent and prepared to effect and ethically interact with clients, colleagues, and the community in a professionally appropriate manner. Counselor educators must be mindful of any behavior, characteristic, or disposition, which may negatively impact the work of a counselor training. Ultimately, the protection of the public and the profession is the goal. Our Student Retention Polic **G** e previous section above) defines the expected Academic and Non- \$ F D G H P L F 3 H U I R U P D Q F H 6 W D Q G D U G V \$ V W X G H Q W ¶ V D F F guarantee his or her fitness to remain in that program. As counselor educators, we have an ethica and professional responsibility to protect current and future clients/students, the profession, and our program by insuring to the best of our ability thastaldents consistently meet the professional and ethical standards of the field. The faculty is responsible for assuring that only those students who continue to meet program and professional expectations are allowed to hat only students at the Galloway campus, as well as telehealth services. The Counseling Center provides individual coun**sie**g, group counseling, education and outreach programs, as well as crisis intervention services. Students may contact Counseling services via phone at 609-652-4722.

PROGRAM DIVERSITY, EQUITY, AND INCLUSION POLICIES

The Stockton faculty arcommitted to facilitating honest and respectful discussions regarding different points of view pertaining to values and cultural issues. This is increasingly important as the diversity of our population continues to change and issues of difference continues in the counseling fieldFurther, the University provides information regarding the <u>diversity</u>.

& R Q V L V W H Q W Z L W K W K H \$ P H UCode Oct Et&ics & rod & the rod ar cos of \$ V V R F L D W I Practice, the Counseling program requires that its students commit themselves to respecting the dignity and promoting the welfare of, as well as affirming individuals from diverse populations.

The program further recognizes the culturally competent counselor, or counstantiationing, is one who is actively (a) in the process of becoming aware of his or heassumptions about human behavior, biases, preconceived notions, and personal limitations, (b) attempting to understand the worldview of his or her culturally different clients, and (c) in the process of developing and practicing appropriate, relevant, assensitive intervention strategies and skills in working with his or her culturally different clients.

LEAVE OF ABSENCE

Although the university has a Maintenance of Matriculation requirement for graduate students, a Leave of Absence may be granted, ndhynfor medical reasons. A Leave of Absence is the process of leaving school temporarily for up to one year, generally used for family medical leave or military service. A Leave of Absence is valid for one year and is renewable yearly, for a maximum of five years, by notifying the Office of the Registrar in writing before the Leave expires. Students should request a Leave of Absence Form from the Office of the Registrar, and submit it to that office

RESEARCH AND ETHICS

If faculty and/or student research socholarship involves contact with human or animal subjects, the research project requires pro SURYDO IURP WKH 8QLYHUVLW\¶V, Review Board (IRB) before conducting the research. In addition to the IRB guidelines, 6 W R F N W R Q ¶ V F RakdOstviderOstnOust adDreFrextOtMe American Counseling \$ V V R F L D W L R Q ¶ regarding research. HTWe corrigive code of ethics may be found at the following websitettps://www.counseling.org/docs/default

EMERGENCY CLOSINGS

, Q WKH HYHQW RI VHYHUH ZHDWKHU RU RWKHU W\SHV RI HP for information on class cancellations. Area radio and television stations may also announce WKH VWDWXV RI WKH XQLYOHUWIRWWKHT (KHT) (KHT) (KHT) (KHT) (KHT) which enables select administrators to make emergency announcements. Students may access the text alert signup on the Stockton Portal.

D. PROFESSIONALISSUES

PROFESSIONAL ORGANIZATIONS

The program faculty members recognize tNatV X G H Q W V ¶ ILQDQFLDO UHVR X UFH V the faculty do NOT require that you become a member of one or more professional organizations pertinent to your professional goals. However, the faculty believe that membership in professional organizations is an important aspect of professionalism, and therefore strongly encourage you to join professional organizations if you have the financial resources to do so. A listing of some of the pertinent professional organizations may be found here:

AmericanCounseling Association (ACA) American College Counseling Association (ACCA) Association for Counselor Education and Supervision (ACES) Association for Gay, Lesbian, Transgender and Bisexual Issues in Counseling (AGLBIC) Military and Government Counselin Agsociation (MGCA) formerly (ACEG) American School Counselor Association (ASCA) American Rehabilitation Counseling Association (ARCA) Association for Specialists in Group Work (ASGW) Association for Multicultural Counseling and Development (AMCD) AmericanMental Health Counselors Association (AMHCA) Association for Adult Development and Aging (AADA) Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC) Counselors for Social Justice (CSJ) International Association of ddiction and Offender Counselors (IAAOC) National Employment Counselors Association (NECA) National Career Development Association (NCDA) Association for Assessment and Research in Counseling (AARC) Association for Creativity in Counseling (ACC) Association for Child and Adolescent Counseling (ACAC) Association for Humanistic Counseling (AHC) International Association of Marriage and Family Counselors (IAMFC)

PROFESSIONAL LIABILITY INSURANCE

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